



Patient models

Do you have heart failure and are living with obesity with or without type 2 diabetes? Would you like to help improve treatments for people living with heart failure?

If your answer is **YES** – consider joining **HF-POLARIS**, a research study involving around 6000 people from more than 25 countries from across the world.

HF-POLARIS is being done to see if the study medicine (NNC0487-0111)* can help lower the risk of death from heart-related disease, hospitalisation or urgent care due to heart failure in people living with heart failure and obesity with or without type 2 diabetes.

You may qualify to participate in the study if:

- You are 18 years or older.
- You have been diagnosed with heart failure and are in a stable condition.
- You are living with obesity with:
- Body mass index ≥ 30 kg/m²
- Your heart has at least partially preserved pumping strength (left ventricular ejection fraction $\geq 40\%$)
- You are able and willing to follow the study procedures for up to 3 years.

Participating in a research study

On top of the regular care that you receive from your usual doctors, in this study you will also:

- Receive study-related tests and controls to monitor your health during the study.
- Be able to have conversations about your health with a team of specialised doctors and nurses.
- Have regular monitoring of your heart function and overall health.
- Contribute to medical research with information that may help people with heart failure.

Note: Treatment with any other medicine with a glucagon-like peptide-1 (GLP-1) receptor agonist effect is not permitted, as the study medicine has similar effects.

This study is currently recruiting – please contact:

Name: _____ Title: _____

Contact information: _____

***This product (NNC0487-0111) is not available for purchase by the general public**

HF-POLARIS

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Global English Master

