

## Fibroscan

### What is a Fibroscan?

A Fibroscan is a relatively new test that can reveal any fibrosis (scarring) or fatty deposits within the liver. It is a non-invasive, quick, and simple test that works using ultrasound and gives an immediate result.

### Why would I need a Fibroscan?

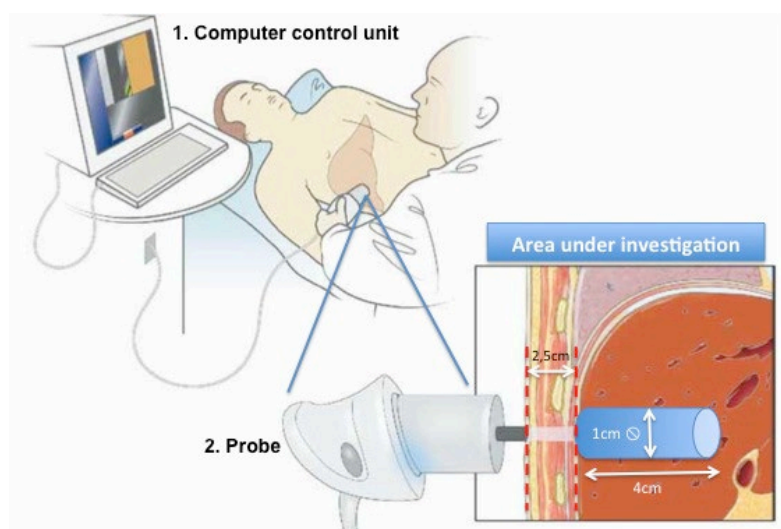
If you have suspected liver disease your doctor may consider you for a Fibroscan. Liver fibrosis is the end result of the majority of liver diseases which includes, but is not exclusive to, fatty liver disease, Hepatitis B, Hepatitis C, NAFLD/NASH, alcoholic liver disease, iron overload, haemochromatosis and autoimmune hepatitis.

Determining liver fibrosis will assist disease risk stratification, staging, guide prognosis and aid in treatment decisions. It may provide reassurance to both patient and practitioner, reducing the intensity of further blood tests and follow.

### What happens during a Fibroscan?

Our specialist will expose the liver area (right upper tummy) and cold jelly is applied to the skin. A probe is placed at the skin's surface. Using a combination of an elastic wave (a dull flicking sensation on your skin) and ultrasound technology, a numerical value is recorded. Ten valid readings must be recorded.

The test is painless and normally takes up to half an hour to complete.



### How do I prepare for a Fibroscan?

The only preparation required for a Fibroscan is a 2 hour fast prior to the procedure (drinking water is fine).

### What are the risks with a Fibroscan?

A Fibroscan is quick and painless. There are no risks or complications associated with having the test.